APEX NEWCOMERS AND FRIENDS CLUB NEWSLETTER

September 2023

P.O. Box 1164 Apex, NC 27502 http://apexnewcomers.org

Apex Newcomers & Friends Club (ANFC) is a not-for-profit social organization. ANFC promotes interest in local, civic, cultural, and service programs. General Meetings are the 2nd Wednesday of each month (September through May) at the C.C. Jones Building, 309 Holleman Street, Apex, at 10:00 a.m. Prospective members are welcome to try two visits to any function before joining. The annual non-refundable dues are \$25.00 per year plus a donation of \$2.00 at each meeting to help defray the cost of hospitality and building use. An additional fee of \$7.50 will be charged for those people requesting a copy of the newsletter be mailed to them. ***SPECIAL: Bring a friend to the general meeting and receive two entries into the door prize drawing****

<u>"PRESIDENT'S MESSAGE"</u>

Welcome back everyone,

Our summer break is over so put your running shoes on for another year of Club activities. Some Chairpersons have already been making plans, as you will see in this Newsletter.

The Town of Apex has accepted our application for this year's Health and Wellness Fair. For our new members, the Fair is on the same day as our first meeting.

I am expecting my email or text to be busy with volunteers offering their services for this event. We will have our regular meeting and then go to the Fair.

The Health and Wellness Fair is September 13th - Time 9.30 a.m. - 1.30 p.m. Venue: Apex Town Senior Center.

Stella T. President

PROGRAMS & PUBLICITY: Bette F.

The Apex Senior Center will be hosting their Wellness and Craft Fair on the same date as the first meeting as our Club, so we will be having a very short meeting. Therefore, there will not be a Speaker for this meeting. We will however have the return of our 50-50 Drawing each month!

FIRST VICE PRESIDENT FUNDRAISING: Betty S. and Ellen B.

New Season...hopefully everyone has had a great summer...We'll start the new season with a fun 50/50! Bingo on October 10th. Please bring a friend.

SECOND VICE PRESIDENT MEMBERSHIP: Julia M., Pat K., and Ann Mc.D

I hope everyone has had a great summer. I have. I made a lot of wonderful memories with my family when we went on a cruise to the Eastern Caribbean.

As of August 17, 2023, we have 77 members. I DO NOT DELETE THE MEMBERS THAT HAVE NOT JOINED UNTIL OCTOBER. After our October meeting, I will be deleting anyone that has not joined for our 2023-2024 year which runs from September through May each year. I hope anyone that has not joined will do so soon because I will be getting a new directory printed in November. I will not be able to attend the September meeting because I will be on a trip to the Cape Cod area. I am looking forward to seeing you at the October meeting.

"COMMUNITY OUTREACH"

WESTERN WAKE CRISIS MINISTRY: Betty W. and John H.

We have donated 343 pounds of needed food since our last meeting! Please keep up the good work.

USO: Eleanor S.

Time is getting close to get those neck pillows done. They will be delivered in November!!!

TIN TABS: Cheryl B.

Save those "tin tabs" for the Durham Ronald McDonald House.

"ACTIVITIES"

BOOK CLUB: Marie H. and Joanie V.

The first meeting of the book club will be held on Wednesday, September 20 at 1 p.m. in the lobby of the Apex Senior Center. Please note we have changed our monthly meeting to the third Wednesday of every month to accommodate group member schedules. This month, we are reading "West with Giraffes" by Lynda Rutledge. It is an engaging story, inspired by true events. All are welcome to join us, whether or not you have read the book, and please bring any book recommendations you may have for future meetings. There will be a sign-up sheet at the Newcomers meeting for anyone who would like to join our group. We hope to see you on September 20!

BOLIVIA (Tuesday): Eleanor S.

(Every other Tuesday at 1:00-4:00 PM) Sept. 5th - Host - Ann S. Sept. 19th - Host - Ann S. Oct. 3rd - Host: - Eleanor S.

BOLIVIA (Wednesday): Kate D.

Wednesday Bolivia Hostess September schedule 9/6 - Elaine Charney 9/20 - Peg Kizak

CARING & SHARING: Barbara F.

As always, please send me all requests.

DINNER OUT: Janice H.

The first dinner I attended in the Spring was a horror. We waited 1 1/2 hours for the wait staff to figure our individual checks. We were there at 6:30 pm on a weekend, the height of the dinner crowd.

Therefore, I would like to change Dinner Out to Tuesdays at 5 pm.

I chose this change for three reasons:

1. If there is any misunderstanding, the restaurant won't detain us because they are too busy.

2. It would allow less driving in the dark at certain times of the year.

3. I expect from past experience to get better service.

Please consider the changes as we will be voting on them during the September Meeting.

SEPTEMBER DINNER OUT will be September 26. 5:00 pm at Pro's Epicurin.

GAME NIGHT: Eleanor S.

Game Nite: Sept. 16th - 7 PM. Host: Eleanor S.

HOSPITALITY: Connie L., Joanne F., and Barbara F.

We always can use help cleaning up after the meeting.

LUNCH OUT: Eileen K.

Working on arranging lunch in October. Any suggestions will be welcome.

PHOTOGRAPHY:

If you have any photos that you think should be on our website, please e-mail them to me. Judy S.

NEWSLETTER: Eleanor B.

SPECIAL EVENTS: Ann S.

The World Goes Round Show

Venue Fuquay Varina Art Center Date Saturday September 23rd at 7.30 pm Please bring your check book to the September Meeting. Sign-up sheet will be at General Meeting. Planning a historic Raleigh trolly ride for October - date be confirmed.

PROCEDURES FOR SPECIAL EVENTS: A Calendar of proposed events will be available for all members to preview. The purpose of the Sign-Up Sheet is to gauge how many members wish to attend the event listed. (1) The Event will have a deadline; this is the time to make any cancellations or additions, within that deadline payment is required, if payment is not made that member will be taken off the list. (2) Once the tickets are purchased there will be no refunds. Any member who needs to cancel is responsible for finding someone to replace them. If a replacement cannot be found, consider donating to the Club. (3) Payments to be made out to the Club (ANFC). Members meet at Lowe's Food Parking Lot for carpooling. If arrangements are made ahead of time, please notify the Special Events Coordinator so members are not delayed waiting at the Parking Lot. (4) Please check your emails regularly for any changes that may occur and respond promptly to any requests. (5) If you have any questions or concerns, please contact me by email, voicemail or text and they will be addressed in a timely manner.

TRINITY: Bette F.

The dates of the Trinity Trip are June 3 -7, 2024. At this time the rooms are all filled, but I will have a sign-up sheet for any cancellations.

WEBMASTER: Judy S.

(IT IS YOUR RESPONSIBILITY TO CALL THE COORDINATOR IF YOU CANNOT ATTEND ANY ACTIVITY FOR WHICH YOU HAVE SIGNED UP)

SEPTEMBER BIRTHDAYS

JoAnne F.	9/10
Pat K.	9/11
Joanie V.	9/17
Laura T.	9/19
Roberta C.	9/19
Billie S.	9/24
Alice Van O.	9/25
Pat M.	9/25

NEXT GENERAL MEETING

September 13, 2023 10:00 a.m.

NEXT BOARD MEETING

October 4, 2023

10:00 a.m.

INCLEMENT WEATHER POLICY:

The meeting will be cancelled if the Wake County Public Schools are closed or have a delayed opening due to weather conditions.

SPONSORS

Daniels Florist, 2829 Jones Franklin Rd., Swift Creek Shopping Plaza, Raleigh, NC 27606, (919) 851-1500. They will continue to supply a floral arrangement for our monthly meetings.

Apex Chamber of Commerce. We are a member of the Apex Chamber of Commerce, your one stop for Apex information. The Apex Chamber of Commerce located in the Historic Train Depot, at 220 North Salem Street, has the map of Apex as well as Raleigh, Durham, and North Carolina. They have a calendar of events for the state as well as the town of Apex. Along with apartment guides, the Apex Community Guide has a wealth of information including the history of Apex and a quick reference section with telephone numbers to everything needed to get started in Apex. Local newspapers are also available! All information at the Chamber is free. Visit their website at: www.apexchamber.com, or visit to find out more about the town you now call home!

APEX NEWCOMERS & FRIENDS CLUB September 2023 Apex Newcomers and Friends Club Membership Application

Name		Spouse		
Address		City	_State/Zip	
Subdivision		Moved from		
Telephone (H)	(Cell)	EMail		
Birthday of Member (month/day) Hobbies/Interests				

Meetings & Dues: Prospective members are welcome to attend two meetings/activities of ANFC during any calendar year without regard to the payment of dues. On any third visit during a calendar year, the prospective member agrees to pay the \$25.00 membership fee that is non-refundable. The \$25.00 dues include a monthly newsletter and a membership directory. Additional fees and charges may apply for events scheduled throughout the year.

If you wish to receive the Newsletter by mail, check here ______ (\$7.50 printing and mailing fee applies) Mail to: Apex Newcomers and Friends Club, Box 1164, Apex, NC 27502or give to the club Treasurer at the next general meeting.

Apex Newcomers and Friends Club Statement of Waiver (Please check all that may apply)

Member _____ Spouse _____ Children of Member/Spouse _____

1. I accept any and all risks and hazards that may result from my, my spouse, or my children's participation in any function offered by the Apex Newcomers and Friends Club (ANFC) including, but limited to personal injuries and property losses of damage occasioned by, or in connection with any activity of event sponsored by the ANFC.

2. I hereby waive, release, absolve, and agree to hold harmless the ANFC, its officers or agents from any claims arising out of any personal or property injuries that I, my spouse or my children may suffer during an AFNC activity or function.

3. In the event I, my spouse and/or my children suffer a personal injury during an ANFC activity, and in the event I, my spouse or my children are physically and/or mentally unable to act on my own behalf, I authorize ANFC to obtain proper emergency medical care for me, my spouse and/or my children should I, my spouse and/or my children be in need of such services and to immediately contact the Emergency Contact listed below. It is understood that any and all costs associated with this emergency medical care will be borne by me and not ANFC.

Printed Name of Member_____

Signature of Member _____

Emergency Contact Name/Phone Number_____

SEP2023

SUN	MON	TUE	WED	THU	FRI	SAT
					01	02
03	04	O5 BOLIVIA 1:00 PM	06 BOLIVIA 1:00 PM	07	08	09
10	11	12	13 GENERAL MTG 10:00 AM WELLNESS FAIR 9:30 – 1:30	14	15	16 GAME NITE 7:00 PM
17	18	19 BOLIVIA 1:00 PM	20 BOLIVIA 1:00 PM BOOK CLUB 1:00 PM	21	22	23 WGR SHOW 7:30 PM
24	25	26 DINNER OUT 5:00 PM	27	28	29	30

OCT2023

SUN	MON	TUE	WED	THU	FRI	SAT
01	02	O3 BOLIVIA 1:00 PM	04 BOARD MTG. 10:00 AM	05	06	07
08	09	10	11 GENERAL MTG 10:00 AM	12	13	14